

What We Talk About When We Talk About Running: Vintage International

What We Talk About When We Talk About Running is a collection of essays by Haruki Murakami, a renowned Japanese author. The essays explore the author's personal experiences with running, and how it has influenced his writing and life.



What I Talk About When I Talk About Running (Vintage International) by Haruki Murakami

★★★★☆ 4.5 out of 5

Language : English

File size : 1979 KB

Text-to-Speech: Enabled

Screen Reader: Supported

X-Ray : Enabled

Word Wise : Enabled

Print length : 194 pages



Murakami began running in his mid-thirties, and he has since completed over a dozen marathons. In these essays, he reflects on the physical and mental challenges of running, and how it has helped him to understand himself and the world around him.

Murakami's writing is known for its honesty, humor, and insight. In these essays, he shares his thoughts on a wide range of topics, including running, writing, music, and life. He also offers insights into the creative process, and how he finds inspiration for his work.

What We Talk About When We Talk About Running is a must-read for any fan of Murakami's work. It is also a great book for anyone who is interested in running, or who is simply looking for a good read.

Essays in the Collection

- **What We Talk About When We Talk About Running**
- **A Runner's High**
- **Running, Writing, and the Zone**
- **The Loneliness of the Long-Distance Runner**
- **Of Birds and Running**
- **Music to Run By**
- **The Life Aquatic with Steve Zissou**
- **Kafka on the Shore**
- **1Q84**

Praise for *What We Talk About When We Talk About Running*

"Murakami's writing is as beautiful as it is insightful. In these essays, he explores the human condition with honesty, humor, and wisdom." — *The New York Times*

"A must-read for any fan of Murakami's work. These essays are full of insights into the creative process, and how he finds inspiration for his work." — *The Guardian*

"A great book for anyone who is interested in running, or who is simply looking for a good read." — *Runner's World*

About the Author

Haruki Murakami is a Japanese author. He is one of the most popular and acclaimed authors in the world, and his work has been translated into over fifty languages. Murakami's novels often explore themes of loneliness, alienation, and the search for meaning in life. He is also a passionate runner, and he has completed over a dozen marathons.

What We Talk About When We Talk About Running is a beautiful and inspiring book. It is a must-read for any fan of Murakami's work, and it is also a great book for anyone who is interested in running, or who is simply looking for a good read.



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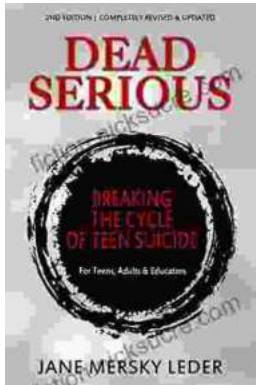
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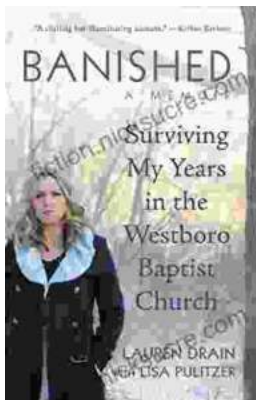
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