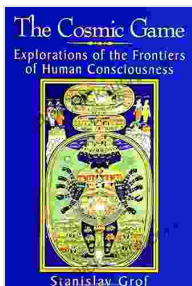


# Explorations of the Frontiers of Human Consciousness: SUNY in Transpersonal and

The State University of New York (SUNY) has taken a leading role in the transpersonal and consciousness studies field. The university has established the Transpersonal Psychology Program (TPP), which offers a master's degree and doctorate in the field, and the Center for Consciousness Studies (CCS), which is a research center dedicated to the study of consciousness.



## The Cosmic Game: Explorations of the Frontiers of Human Consciousness (SUNY series in Transpersonal and Humanistic Psychology) by Stanislov Grof

★★★★☆ 4.7 out of 5

Language : English  
File size : 688 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 303 pages



The TPP is one of the oldest and most respected transpersonal psychology programs in the world. It was founded in 1975 by Dr. Stanislov Grof, one of the pioneers of transpersonal psychology. The program offers a unique blend of academic rigor and experiential learning, and it has produced a number of notable graduates, including Dr. Ken Wilber, Dr. Rick Strassman, and Dr. Stanislov Grof Jr.

The CCS is a relatively new research center, but it has quickly become one of the leading centers for consciousness studies in the world. The center brings together researchers from a variety of disciplines, including psychology, neuroscience, philosophy, and anthropology, to study the nature of consciousness. The CCS also offers a number of public programs, including lectures, workshops, and conferences.

SUNY's commitment to transpersonal and consciousness studies is a reflection of the growing interest in these fields. Transpersonal psychology is a field of psychology that focuses on the study of consciousness, spirituality, and the transcendent aspects of human experience. Consciousness studies is a field of interdisciplinary research that seeks to understand the nature of consciousness.

Both transpersonal psychology and consciousness studies are rapidly growing fields, and SUNY is at the forefront of this growth. The university's commitment to these fields is a testament to its commitment to providing students and researchers with the opportunity to explore the frontiers of human consciousness.

## **Transpersonal Psychology**

Transpersonal psychology is a field of psychology that focuses on the study of consciousness, spirituality, and the transcendent aspects of human experience. Transpersonal psychology is based on the belief that human beings are more than just their physical bodies and that there is a spiritual dimension to human existence.

Transpersonal psychologists study a wide range of topics, including:

- Altered states of consciousness
- Psychedelic drugs
- Meditation
- Spiritual experiences
- Near-death experiences
- Past-life regression

Transpersonal psychology is a relatively new field, but it has quickly gained a following among psychologists and other professionals who are interested in understanding the full range of human experience.

Transpersonal psychology has also been used to help people with a variety of mental health issues, including anxiety, depression, and post-traumatic stress disorder.

## **Consciousness Studies**

Consciousness studies is a field of interdisciplinary research that seeks to understand the nature of consciousness. Consciousness is the subjective experience of the world that we have. It is what it feels like to be alive.

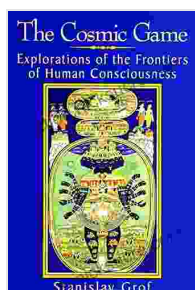
Consciousness studies researchers come from a variety of disciplines, including psychology, neuroscience, philosophy, and anthropology. They use a variety of methods to study consciousness, including:

- Behavioral experiments
- Neuroimaging
- Electroencephalography (EEG)

- Transcranial magnetic stimulation (TMS)
- Subjective reports

Consciousness studies is a rapidly growing field, and researchers are making new discoveries about the nature of consciousness all the time. These discoveries are helping us to better understand ourselves and our place in the world.

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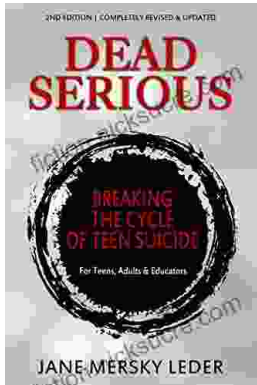


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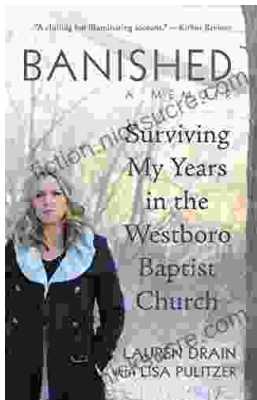
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