

# Deep Dark Blue: A Memoir of Survival and the Unbreakable Bond Between a Mother and Son



## Deep Dark Blue: A Memoir of Survival by Polo Tate

★★★★☆ 4.8 out of 5

Language : English

File size : 3270 KB

Text-to-Speech : Enabled

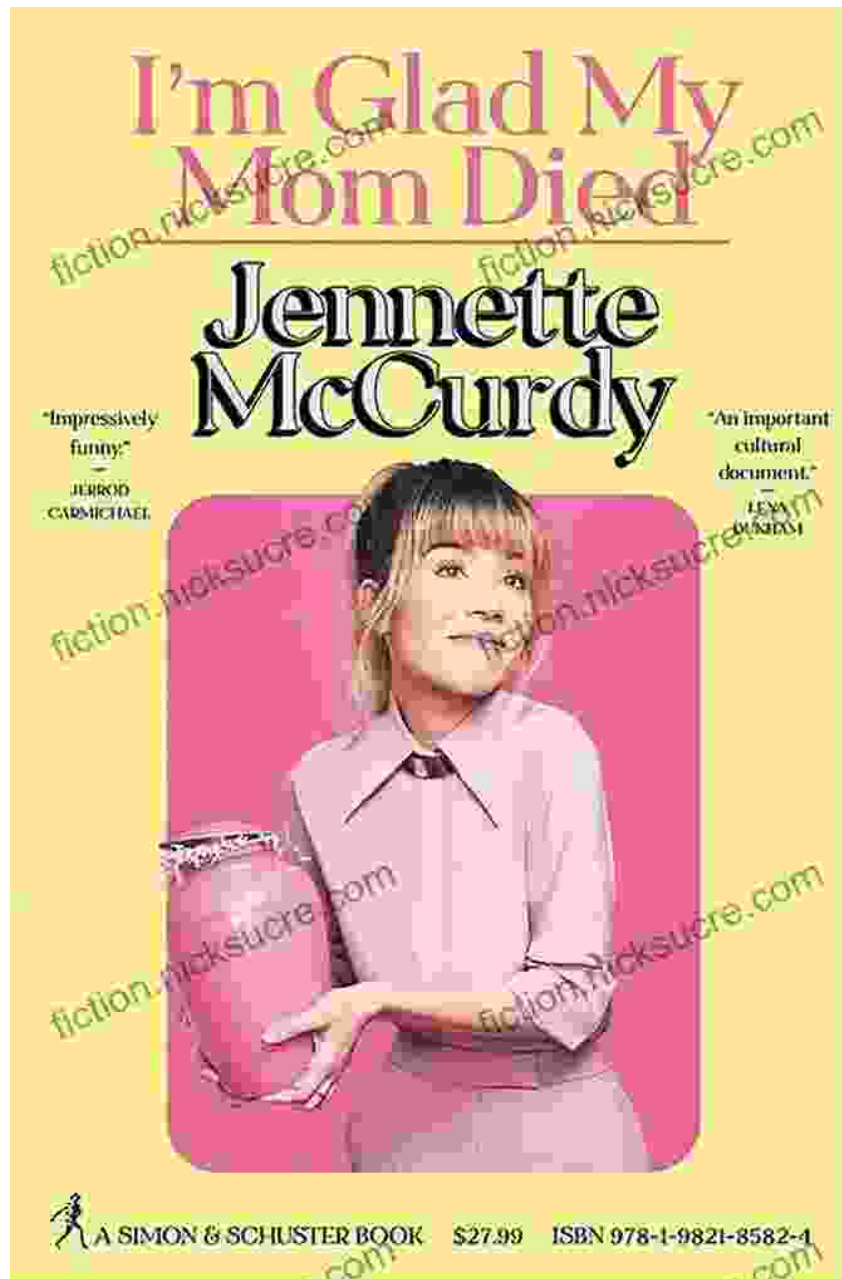
Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 336 pages





In this gripping and deeply moving memoir, Jennette McCurdy shares her extraordinary journey through addiction, homelessness, and the power of unconditional love.

From the outside, Jennette McCurdy had it all. She was a successful child actress, starring in the popular Nickelodeon show *iCarly*. But behind the

scenes, she was struggling with a secret addiction to alcohol and drugs. Her addiction led her to homelessness and a life of despair.

But even in her darkest moments, Jennette never gave up hope. She found support from her mother, Debra, who loved her unconditionally. Together, they fought their way back from the depths of addiction and homelessness.

Deep Dark Blue is a story of survival, hope, and the unbreakable bond between a mother and son. It is a must-read for anyone who has struggled with addiction or knows someone who has.

Jennette McCurdy is an American actress, writer, producer, and director. She is best known for her role as Sam Puckett on the Nickelodeon show *iCarly*.

McCurdy has also starred in several other television shows and movies, including *Victorious*, *Sam & Cat*, and *Between*.

In 2022, McCurdy released her memoir, *Deep Dark Blue*. The memoir chronicles her struggles with addiction, homelessness, and mental health.

"Deep Dark Blue is a raw and honest account of one woman's journey through addiction and recovery. McCurdy's writing is unflinchingly honest and deeply moving. This is a must-read for anyone who has struggled with addiction or knows someone who has."

- The New York Times

"McCurdy's memoir is a powerful and inspiring story of survival and hope. Her writing is raw and honest, and her story is sure to resonate with anyone

who has struggled with addiction or knows someone who has."

- People magazine

"Deep Dark Blue is a must-read for anyone who has ever struggled with addiction or mental illness. McCurdy's writing is honest and unflinching, and her story is both heartbreaking and inspiring."

- Entertainment Weekly

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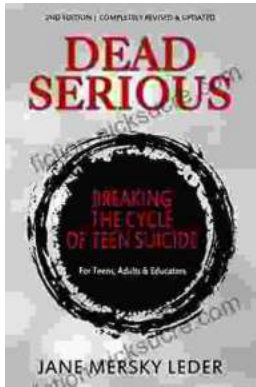


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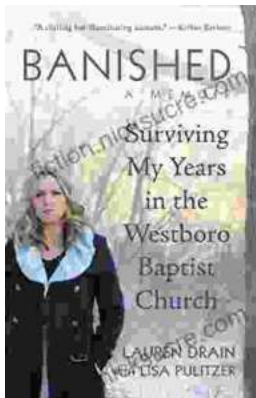
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