

# Air Force Survival Handbook: The Ultimate Guide to Wilderness Survival

The Air Force Survival Handbook is a comprehensive guide to wilderness survival, providing essential knowledge and skills for surviving in any environment. It was originally developed by the US Air Force for its pilots and aircrew, but has since been adopted by civilians and outdoor enthusiasts around the world.

The handbook covers a wide range of topics, including:

- **Basic survival skills**, such as finding food and water, building shelter, and making fire
- **Navigation and wilderness travel**
- **First aid and medical emergencies**
- **Survival psychology**
- **Special survival situations**, such as surviving in the desert, jungle, or Arctic

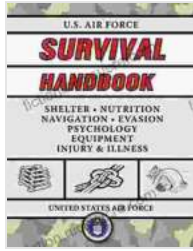
The handbook is well-written and easy to follow, with clear instructions and plenty of illustrations. It is an essential resource for anyone who spends time outdoors, and it can provide invaluable peace of mind in the event of an emergency.

**U.S. Air Force Survival Handbook** by United States Air Force

★★★★☆ 4.7 out of 5

Language : English

File size : 223413 KB



Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 1458 pages
Lending	: Enabled



The Air Force Survival Handbook is divided into 12 chapters, each covering a different aspect of wilderness survival. The chapters are:

1. \_\_\_\_\_
2. **Basic Survival Skills**
3. **Navigation and Wilderness Travel**
4. **First Aid and Medical Emergencies**
5. **Survival Psychology**
6. **Desert Survival**
7. **Jungle Survival**
8. **Arctic Survival**
9. **Water Survival**
10. **Special Operations Survival**
11. **Survival Kits and Equipment**

## 12. **Appendix**

The appendix includes a variety of useful information, such as a first aid kit checklist, a list of edible plants, and a survival code.

### **Chapter 1:**

The provides an overview of the handbook and its purpose. It also discusses the importance of wilderness survival skills and how to prepare for a survival situation.

### **Chapter 2: Basic Survival Skills**

This chapter covers the essential skills for surviving in any environment. Topics include:

- **Finding food and water**
- **Building shelter**
- **Making fire**
- **Signaling for help**

### **Chapter 3: Navigation and Wilderness Travel**

This chapter covers the basics of navigation and wilderness travel. Topics include:

- **Map and compass use**
- **Land navigation**
- **Water travel**

- **Winter travel**

## **Chapter 4: First Aid and Medical Emergencies**

This chapter covers first aid and medical emergencies in the wilderness.

Topics include:

- **Wound care**
- **Fracture management**
- **Hypothermia and hyperthermia**
- **Altitude sickness**

## **Chapter 5: Survival Psychology**

This chapter covers the psychological aspects of wilderness survival.

Topics include:

- **Fear and anxiety**
- **Boredom and isolation**
- **Motivation and hope**

## **Chapter 6: Desert Survival**

This chapter covers the specific challenges of surviving in the desert.

Topics include:

- **Water conservation**
- **Heat avoidance**
- **Sandstorms**

## **Chapter 7: Jungle Survival**

This chapter covers the specific challenges of surviving in the jungle.

Topics include:

- **Dense vegetation**
- **Tropical diseases**
- **Insects and animals**

## **Chapter 8: Arctic Survival**

This chapter covers the specific challenges of surviving in the Arctic. Topics include:

- **Cold weather injuries**
- **Ice and snow travel**
- **Polar bears**

## **Chapter 9: Water Survival**

This chapter covers the specific challenges of surviving in water. Topics include:

- **Drowning**
- **Hypothermia**
- **Dehydration**

## **Chapter 10: Special Operations Survival**

This chapter covers the specific challenges of surviving in special operations environments. Topics include:

- **Parachuting**
- **CQB**
- **Evasion and escape**

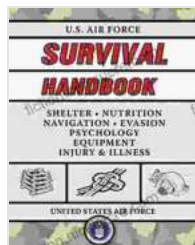
## **Chapter 11: Survival Kits and Equipment**

This chapter covers the different types of survival kits and equipment available. It also provides guidance on how to choose and pack a survival kit.

## **Chapter 12: Appendix**

The appendix includes a variety of useful information, such as a first aid kit checklist, a list of edible plants, and a survival code.

The Air Force Survival Handbook is an essential resource for anyone who spends time outdoors. It provides comprehensive knowledge and skills for surviving in any environment. The handbook is well-written and easy to follow, with clear instructions and plenty of illustrations. It is an invaluable resource for anyone who wants to be prepared for the unexpected.



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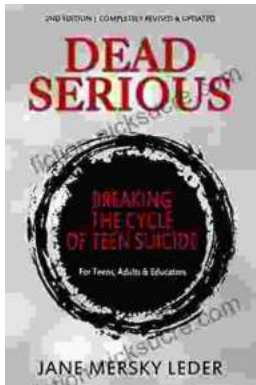
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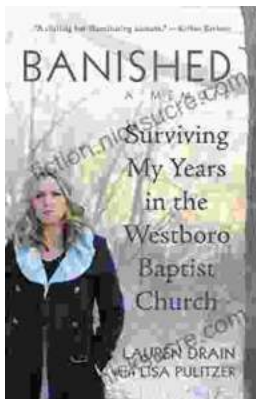
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